

ECNU CIRCLE

FIRST ISSUE

Responsibility,
Faith and Devotion
Says Chen Qun,
President of ECNU

Where Ideas
Meet Actions
Special Report
About Wu Xiaolong

MOVIE

Les Misérables

ON THE ROAD

Life Smells like Sweet Osmanthus



华东师范大学 英语校园刊物创刊号

Circle in Hand, English in Mind

ECNUers, here comes good news. *ECNU Circle*, ECNU's own English magazine, is just born. It is a magazine created by and designed for ECNU lovers and English lovers.

ECNU is like a big circle so that all ECNUers can gather together to be a family. ECNU is like a big circle so that our energy will be circled around and never get exhausted. ECNU is like a big circle so that it can act as a wheel, fast and smooth, when it is moving forward. *ECNU Circle* will be a new entrance to this big circle.

ECNU Circle, silent but sincere, will also help you discover the beauty of English and enjoy an ECNU English world full of energy and dynamism.

ECNU Circle is striving to develop ECNUers' pride in ECNU and boost ECNUers' interest in English. When you have a copy of *ECNU Circle* in hand, you will keep English in mind. *ECNU Circle* guarantees it!

文 / 陆恩昊 李天然

PROFILE

7 Responsibility, Faith and Devotion Says Chen Qun, President of ECNU

A university is like the horizon—it's always in sight but out of reach. The reason is that a university is profound and keeps changing due to updated knowledge and innovation. Thus, what is ECNU? You are ECNU.

10 Where Ideas Meet Actions Special Report About Wu Xiaolong

Unbelievable as it may seem to link this amiable boy with Wu Xiaolong, the guy who has made the microfilms *Our Crazy School Anniversary* and *Our Crazy Graduation* and boasts over 100,000 Renren visitors as well as 3,000 Weibo fans. However, once you sit down and talk with him, you will find that this boy, in his first year as a sociology postgraduate, is by no means so simple and naïve as he may look.

ON THE ROAD

- 14 Seeing a Live Show Alone
- 16 Life Smells like Sweet Osmanthus



MOVIE

- 18 *Les Misérables*

PROSE

- 20 Roses, Roses, All the Way
- 22 How to Be Happy

ECNU LIFE

- 24 Living@ECNU
- 26 Eating@ECNU

SPOTLIGHT

- 28 Happy English Corner Opens

CULTURE

- 30 When Western Pop Hits Eastern Campus



STUDY ABROAD

- 32 An Interview with an Outstanding Young Teacher

COLUMN

- 34 My Country Malawi: The Land, People and Culture

ENGLISH WORKSHOP

- 36 英语四级应试技巧



ECNU CIRCLE

主管单位：华东师范大学
 主办单位：华东师范大学外语学院大学英语教学部
 编辑单位：ECNU CIRCLE 编辑部

顾问
 朱晓映
 魏葆霖
 苏俊玲
 周小勇

编辑委员会
 胡敏
 王志宏
 余睿
 Maureen Kapute

执行总编
 周尽欢
 总编助理
 盛睿智

创意编辑
 贺碧涵
 陈安安
 陈青文
 张艺瀛
 周尽欢

英语编辑
 秦芳依
 蔡梦霜
 李天然
 陆恩昊
 钱洋
 张艳秋
 Maureen Kapute

美术编辑
 孙苗
 吴轶文
 周尽欢

封面、封底设计：本部美术编辑组
 封面、封底素材提供：吴晓隆
 微博：@华东师大英语 ECNU-Circle

ECNU MOTTO

Seek Truth, Foster Originality

and Live up to the Name of a Teacher.



ECNU MOTTO

Responsibility

Faith

Devotion

文 / 周尽欢 李天然 贺碧涵

摄影 / 周尽欢

Says Chen Qun, President of ECNU



A university is like the horizon—it's always in sight but out of reach. The reason is that a university is profound and keeps changing due to updated knowledge and innovation. Thus, what is ECNU? You are ECNU.

ECNU CIRCLE: What are three words that describe the President of ECNU?

President: I would say responsibility, faith and devotion. Frankly speaking, I was the vice president of ECNU for nine years and in charge of academic research, postgraduate administration as well as coordinating academic disciplines, which aims to meet the requirements of Projects 985 and 211. Being a president now, I've got to take overall responsibility for the school and students. My new responsibility includes being in charge of students' affair. I really want to set aside time for face-to-face talks with our students here so that I can help ease their worries and solve their problems. My faith is that without mutual communication between school management and students, the healthy growth of both the school and the students will be compromised. In terms of devotion, I would say more responsibility means more effort and more time dedicated to the work.

E: How is being a President in a Chinese university different from being a President in a western university?

P: Well, there are many differences. Theoretically speaking, Presidents of western universities are responsible for everything. But in reality the Dean of the school is in charge of administration of internal affairs while the President is mainly responsible for external affairs such as liaisons and fund-raising. In Chinese universities, the President has to take care of both internal and external affairs of the school. In my opinion, Presidents in Chinese universities are much busier than their counterparts in American and European universities.

E: Have you ever felt confused or even lost when faced with various career possibilities? How do you deal with the dilemma?

P: Back in my college days, things were not so complicated as they seem to be today. There weren't so many choices or opportunities either. Therefore, it was difficult and unlikely for college graduates to pursue different career paths other than academic ones even if they harbored different dreams. My dream was quite simple—to become a scholar. Honestly speaking, I think you are luckier than us in terms of the variety of job opportunities and career choices available today. Meanwhile, you tend to feel overwhelmed by endless choices and decisions you have to make. You kind of “suffer” from the diversity of career possibilities, don't you?

E: As you said in the 2013 ECNU Orientation Program, the library is an essential part of the college life. You encourage us to go to the library and immerse ourselves in an ocean of books. However, the truth is that nowadays the library is packed with students who are either reading books for exams or surfing the internet for fun, for example, Weibo or Renren. What do you think of this phenomenon?

P: I did emphasize the important role of the library in the orientation speech, but my real intention is to encourage college students to fall in love with books and read as widely as possible. There is absolutely nothing wrong with reading for exams, but it's equally important to read for fun. As you know, college graduates are faced with fierce competition and various possibilities. Your life journey on campus is short and precious. You will regret bitterly if you waste your youth and are totally unprepared for the challenge and competition. I think you should make the best use of the time here on campus pursuing maximum academic and personal growth. In the meantime, try to make your life journey on campus fun and exciting. Surfing the Internet for fun is a good alternative. I know today many college students are hooked on Weibo, sharing their stories and voicing their opinions there.

E: Have you ever thought about registering a Weibo account?

P: You are definitely not the first one who has recommended this to me. To be frank, I haven't made up my mind whether I want to go public on Weibo or not. You know, Dr. Yu, former president of ECNU, is quite experienced and really a pioneer in this field. I noticed that the total number of his fans online has risen to 1.6 million. Compared with him, I'm still a rookie. And there are two reasons why I have

not logged on Weibo. Firstly, I haven't got much experience in terms of online communication and it takes me a lot of time to catch up on those fancy social networks. Secondly, I prefer face-to-face communication rather than virtual interaction. I find it quite challenging to gain such a great popularity online as Dr. Yu did. Personally speaking, I am not yet ready to become a public figure online.

E: How would ECNU adapt itself to the internationalization of higher education?

P: We have an increasing population of international students here on campus. Last year, the total number of international students rose to over 5,000. One fifth of them are pursuing either Bachelor's or Master's degree here. Meanwhile, the number of short-term exchange students is also growing. Last year we had approximately 1,000 exchange students on campus. NYU alone selected over 300 students for the exchange program at ECNU.

E: As we know, ECNU and NYU have made a joint effort to build NYU Shanghai. How did ECNU contribute to the successful establishment of NYU Shanghai and how will ECNU benefit from such cooperation?

P: We are the co-founder of NYU Shanghai and have pledged to facilitate the establishment of NYU Shanghai. For

example, the campus of NYU Shanghai, located in Lu Jiazui area, is still under construction. Therefore, the students who are admitted to NYU Shanghai this year will stay on the Zhongbei campus of ECNU for one year. We will provide them with excellent accommodation and classrooms. We hope to learn from NYU in terms of education, research and administration. We also hope to deepen and accelerate the reform of our higher education system. Furthermore, we aim to build up a series of first-class international universities here in Shanghai. The establishment of NYU Shanghai offers us valuable experiences in cooperating with foreign universities. Therefore, the founding of NYU Shanghai is beneficial to both the school and the students here.

E: Talented people like Bill Gates, Steve Jobs and Mark Zuckerberg all chose to quit school when they were college students. Does it suggest a university isn't an ideal place to cultivate geniuses?

P: I can't deny that talented people did reach their dreams by different paths. The stories you mentioned point to the problems of our current education system, which deserve our concern and reflections. However, Bill Gates, Steve Jobs and Mark Zuckerberg are a small fraction of geniuses, and their stories can't be universally copied. For the majority of young students, college life is conducive to both their academic and career growth. They are not only learning from teachers but also learning from each other. Of course, we should also make some reflections on such a phenomenon



and make proper changes to build up a better educational environment for students.

E: It seems that it's difficult for students, who major in politics, history and philosophy, to find a decent major-related job. What would you say about the prospect of those majors?

P: I understand it is much easier for students with “hot” majors to find employment in today's harsh job market. However, so-called “hot” majors won't sustain their popularity forever. Today's “cold” major may become tomorrow's “hot” major. Besides, I noticed that among our alumni, those successful entrepreneurs are not from finance or economy majors.

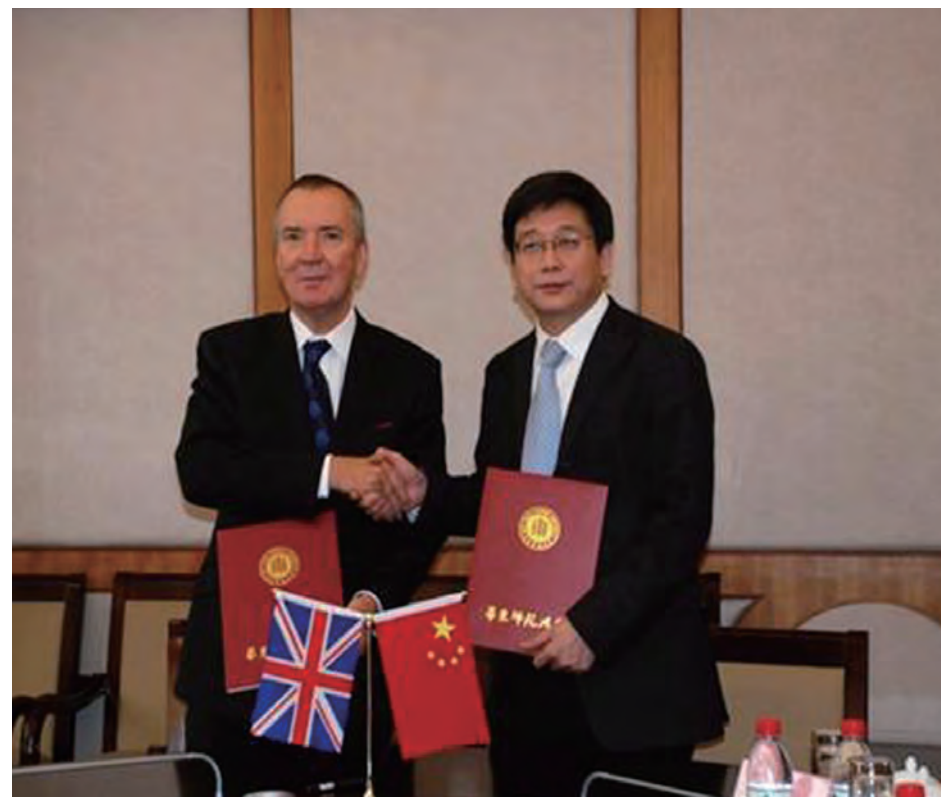
Instead, they are from those “cold” majors such as history or philosophy. In fact, western universities attach great importance to general education. Disciplines such as history and philosophy are essential for the cultivation of social elites. We will reflect on and improve our curriculum to cater to the needs of students' career development.

E: Could you give some suggestions on our expectations for our magazine ECNU Circle?

P: It's exciting to see the birth of our own English magazine. I hope it will grow into one of ECNU's cultural icons and will be passed on from generation to generation. As for my suggestion, *ECNU Circle* should express what ECNU students want to say and should write what they want to read. Simply put, Grow with *ECNU Circle*, Grow with Youth and Passion!

E: Could you give some advice about the campus life here?

P: Well, to put it simple, it would be, Enjoy your meal, Pursue your hobbies, Excel in study and Find your love. “Enjoy your meal” means enjoying the quality food and service in canteens; “Pursue your hobby” means you should pursue whatever interests you rather than only get addicted to computer games. And as for “Excel in study”, it means you should work really hard to stand out academically. I remember that college students used to get up early reading English aloud. But now you seldom see it happen, right? Finally, “Find your love.” Well, ECNU campus is said to be a paradise for lovers!





Where Ideas Meet Actions

文 / 周尽欢 李天然 贺碧涵

Special Report about Wu Xiaolong

Unbelievable as it may seem to link this amiable boy with Wu Xiaolong, the guy who has made the micro-films *Our Crazy School Anniversary* and *Our Crazy Graduation* and boasts over 100,000 Renren visitors as well as 3,000 Weibo fans. However, once you sit down and talk with him, you will find that this boy, in his first year as a sociology postgraduate, is by no means so simple and naïve as he may look.

Farewell to the past

In the winter vacation of his junior year, Xiaolong contracted a serious illness, which, to a large extent, changed his life fundamentally. Sick in bed, recalling his past college life, Xiaolong was outraged to find his life was so mundane and mediocre! He suddenly realized that it was the right moment to make a drastic change and to say farewell to the past.

From that realization came the 365 Project. As a photography enthusiast, Xiaolong decided to make a difference with his camera. He planned to make a record of his life before graduation by taking 365 photos. Xiaolong regarded it as a farewell to his monotonous life in the past and an embracement of a brand-new lifestyle. Thanks to the 365 Project, Xiaolong found his new life meaningful and colorful. He wanted to make every photo different by taking photographs from different perspectives and with different subject matters and new techniques. However, it was really difficult to make a breakthrough for every photo in terms of ideas and techniques. Fortunately, with his friends' and fans' support, he overcame this major hurdle. As a result,

he founded the ECNU Photograph Association with friends. Undoubtedly, he is on the right track in pursuit of his dream.

Apart from Project 365, Xiaolong also experimented with a micro-film titled *Our Crazy School Anniversary*. At first, he didn't take it seriously and just wanted to make a breakthrough in a fun way. After months of hard work of theme conception and editing of the film, Xiaolong and his teammates finally introduced a campus hit *Our Crazy School Anniversary*. In our interview, he told us that he would never forget that late night when they racked their brains for creative ways of making the film soundtrack in front of the Law & Business Department Building. He would never forget that sleepless night when he was working on editing the film alone and his laughter woke up his roommates several times. Despite the fact that they were short of time, Xiaolong and his teammates finally made it and presented the film *Our Crazy School Anniversary* on the 60th birthday of ECNU. He thinks this is the best gift he could ever give to his school.

Xiaolong transformed himself thanks to his illness.





“Go Crazy Before You are Old!” is Xiaolong’s personal belief. He started another crazy journey by planning an activity called “shouting out your craziest experience at ECNU”. It happened in the last winter break before graduation when Xiaolong and his friends decided to do something to celebrate the end of their college lives. Soon the blueprint of Our Crazy Graduation popped into his mind. It was a brave try and a meaningful cause. Xiaolong even bought new camera equipment with his own money for a better visual effect. However, things didn’t go as smoothly as he expected due to the fact that his teammates were either too busy finding internships or dealing with “senior year” issues.

However, Xiaolong didn’t get frustrated because he knew that those difficulties were just small obstacles along the way. He tried to contact as many seniors as possible and made videos out of their experiences. Little by little, he gathered a great amount of video clips featuring the craziest experiences at ECNU. He was the person you could find in most graduation photos as he always appeared at the graduation photo ceremony looking for possible interviews with the seniors for his film. The following lines are from his interview with seniors. “The craziest thing I have ever done is to send as many as 200 resumes in a single day!” “The craziest thing I have ever done is to skip so many classes to prepare for my drama rehearsal!” “The craziest experience I have ever had is to sleep on the school

playground overnight!” Although graduation carried a tone of sadness and melancholy, students enjoyed recalling those unforgettable crazy experiences. Xiaolong recorded those precious memories in his film Our Crazy Graduation. Looking back at the filmmaking process, Xiaolong would like to express his sincere thanks to his roommates who offered him help by collecting as many as hundreds of BGM and making the English subtitles for the film. His roommates told a joke that the craziest thing they’ve ever done is to be a roommate with Xiaolong for 4 years!

“Go crazy once while you’re young!” Xiaolong recorded all those crazy experiences at ECNU and practiced his belief in his own way.

Xiaolong once said, “When something reaches its most extreme point, it must return to its original point.” Sometimes he even thought about giving up photography, for he was worried that his obsession may kill his dream. He was once faced with a dilemma and then reflected upon his life and recent projects. As his 365 Project came to an end, he realized he was off track and he cared more about circulating his photos online than the actual process of taking photos. Under such circumstances, he chose to put aside the camera and take a break from photography.

Rebirth

Now as a postgraduate at ECNU, Xiaolong devotes himself to academic activities without being “crazy” anymore. It was at this moment that Xiaolong fell in love with photography again. He realized that photography is a dream hidden in his heart and he couldn’t live without that dream.

Hence, Xiaolong took out his camera and began to take photographs again. This time he focused on beautiful scenic spots on Zhongbei and Minhang campuses and made postcards out of those photos. Xiaolong then

considered a new idea, i.e. to participate in a charity organization and do something for the kids in poor mountainous areas. He called on ECNU students to join him in this cause by writing good wishes on the postcards. Then he would mail those postcards to the poor kids and hopefully rekindle their dreams with the beautiful photos and encouraging words. So far he has collected more than 200 postcards from his peers. His aim is to make donations to the poor kids in the remote areas by selling his postcards in the campus gift store. One yuan will be donated to kids when a set of postcards is sold. In resolving the dilemma, Xiaolong has come to understand the true value of his dreams.



Future Expectation

Xiaolong believes in actions rather than words. His motto is “Live the current moment” as he thinks things don’t develop in the same way as one expects. That is to say, God has already got a plan for your life, but you don’t know it. Thus everything in your life is predetermined and will not change as you like. What you can do is to explore the unknown world with a positive attitude and see what God plans for you. Just be a doer rather than a daydreamer and get ready for what fate brings you.

When it comes to future plans, Xiaolong said with a smile, “Travel around China.”

“Start immediately when you are ready. Never give up once you start”. His heart is always on the road.

Seeing a Live Show Alone



文 / 王鹿 (传播学院 2012 级编辑出版专业)
编 / 陈青文 周文颖

From the moment I heard Sodagreen's music, I knew I had to watch their live show. Luckily, my chance came last November. To my delight, it turned out to be a once-in-a-lifetime experience. And what made it even better was that I went to this show alone.

I was bubbling with excitement way before the show even started. However, the journey I had to make wasn't nearly a pleasant experience since the show was at 8:00pm in Hangzhou. I kept glancing at my watch during the journey, hoping I would get there sooner.

When I made my way out of the stream of passengers, it was already 6:40 PM. My heart sank at the sight of the winding queue of people waiting for a taxi. But soon a gentle voice cheered me up. It was from a middle-aged man who asked me to take his "taxi". "Would it be possible to make it to the stadium before 8:00pm?" I asked him anxiously. "Definitely!" he nodded, "Come on." I doubted very much whether it was a good idea to go with him.

When we got caught in a traffic jam, I began to reflect on what I had done. I had rushed back to my

hometown and gotten into a taxi, which was very likely to be an illegal one. All I had done was just for a live show. "It's ridiculous," I murmured to myself. But it all paid off when I arrived at the stadium half an hour ahead of time.



Sodagreen was right here singing in front of me. It was the first time that I was totally detached from the outside world and immersed myself in the music.

While enjoying the music, memories flooded back like a gentle stream of a hot summer night, when I was on my way back home from my part-time job. The breeze blew gently in the bustling city. I walked down the streets alone, but not lonely, as in my earphone Sodagreen singing accompanied me. At this moment, I was watching them singing on the stage as if they were singing for me on those hot summer nights.

Another song was coming to an end. As the concert went on, the audiences' enthusiasm grew stronger. The scene reminded me of the dormitory life at ECNU. The first night of my college life was an experience of excruciating sleeplessness. I had been tossing and turning without much success. Then I grabbed out my mp4 and began listening to Sodagreen. Their voice was like a loving hand, which patiently erased my anxiety and homesickness, and ensured me a good night's sleep.

From then on, I have formed a habit of taking Sodagreen's music with me. When I have them by my side, boring chores miraculously become enjoyable.

I pulled myself away from the memories, only to find that we had arrived at the last song of the night. The vocalist invited the audience to sing along with him. It was a song that made people all stand up to applaud. Of course, I was one of them.

I walked slowly back home, experiencing the silence after excitement. I allowed the memory of the show to flash before my eyes and tried my best to remember as many details as possible. It was a moment that I wanted to keep vivid and alive.

As time goes by, I am becoming more appreciative of my first experience of seeing a live show alone. It was a brand new feeling that is worth cherishing. More importantly, it was the first time that I got a chance to be a different me. When I got into the music, there came an exit for my worries and anxieties. When I sang aloud with the singer, there was no need to worry about the embarrassment.

In my view, going to a live show alone is worth a try. We all need such experience to refresh and free ourselves. If you haven't got one, grab the chance when there is one.

I sat in the stadium, surrounded by strangers. Some were students, happily chatting away. Some were young couples, busily taking photos. Some were loners just like me.

The darkened stadium brought me back to that moment I had been waiting for. I was fully absorbed in the silver screen, with my eyes searching the stage, trying hard to find my idols. The flickering glow sticks turned the stadium into a sea of green. Suddenly, a familiar voice hit me, and it was drowned out for an instant but soon grew in its strength and clarity. I recognized the vocal lead's voice immediately. The whole stadium was immersed in their melody.

I couldn't take my eyes off the music band throughout the live show. I kept telling myself, unbelievably, that



Life Smells like Sweet Osmanthus

文 / 殷茗珏 (心理与认知科学学院 2012 级)
编 / 陈青文 周文颖

The sweet Osmanthus blooms in August. The first time I learned to appreciate these small but aromatic flowers was that summer break in middle school when I joined in the musical performance for the Paralympics.

Back then, I was a young girl playing the flute in the school band. We had to go to school everyday for rehearsal during that summer break. The conductor told us we were preparing for the show in the opening ceremony of the Paralympics Games. But honestly speaking, we didn't know what to expect with playing for an audience of disabled individuals.

We practiced each song over and over again. We became increasingly annoyed with those rehearsals as that summer was extremely hot. Outside the hall grew a beautiful osmanthus tree. Bored with the rehearsal, nobody even noticed it was blooming.



From then on, every time I smelt the sweet osmanthus, that vivid memory would flood back to me. I started to make some research about the Paralympics and people with disabilities. I realized I could do something for them. Therefore, I joined in volunteer activities and frequently visited disabled people and chatted with them. I was learning from them as much as they were learning from me. They shared everything with me. And just like those handicapped athletes, they were really good at discovering new things. To know the "special" audience is just like smelling the sweet Osmanthus as both things have brought me unexpected joys.

Finally, our show time came. We first played a Chinese traditional song *Jasmine Flower* as a prelude. When the melody was coming to an end, the audience burst into thunderous applause, which lasted for two minutes. Then we played another famous song *Budapest Impressions*. Encouraged by their enthusiasm, we played the following songs more passionately than we had ever played before. The audiences in front of us were people afflicted by both mental and physical disabilities. But they were enjoying the music just like anyone else. They were dancing happily along with the rhythm when we played the last Jazz composition. We were so deeply moved that we would never forget that moment. Looking back now, I feel as if the audience were right in front of me applauding for the music.

The show ended soon as we expected. However, we had a totally different feeling about the show. We felt it was a worthy and meaningful experience. Those special audiences had taught us how to respect and enjoy music. The moment we walked out of the musical hall, we smelt the fragrance of the sweet osmanthus, which we totally ignored before. Now being immersed in its aroma, we felt so much refreshed.



Les Misérables

编 / 张艺瀛 张艳秋



I dreamed a dream in time gone by
when hope was high and life worth living.
I dreamed that love would never die. I
dreamed that God would be forgiving.
Then I was young and unafraid. And
dreams were made and used and wasted.
There was no ransom to be paid, no song
unsung, no wine untasted. But the tigers
come at night with their voices soft as
thunder. As they tear your hope apart, as
they turn your dream to shame.

He slept a summer by my side. He
filled my days with endless wonder. He
took my childhood in his stride, but he was
gone when autumn came. And still I dream
he'll come to me, that we will live the years
together. But there are dreams that can
not be. And there are storms we cannot
weather.

On my own, pretending he's beside me. All alone, I walk with him till
morning. Without him, I feel his arms around me. And when I lose my way,
I close my eyes and he has found me. In the rain, the pavement shines like
silver. All the lights are misty in the river. In the darkness, the trees are full of
starlight. And all I see is him and me forever and forever!

Those who follow the path of the
righteous shall have their reward. And if
they fall, as Lucifer fell. The flame! The
sword! Stars in your multitudes! Scarce to
be counted. Filling the darkness with order
and light. You are the sentinels. Silent and
sure! Keeping watch in the night. Keeping
watch in the night! You know your place
in the sky. You hold your course and your
aim! And each in your season returns and
returns, and is always the same. And if
you fall, as Lucifer fell, you fall in flames!
And so it must be, for so it is written on the
door way to Paradise, that those who falter
and those who fall must pay the price!



海,就是无边的苦难。漂在那深渊里的心灵可以变成尸体,将来谁使它复活呢?



《悲惨世界》是法国文豪维克多·雨果于1862年发表的一部长篇小说,是19世纪最伟大的小说之一。涵盖了拿破仑战争和之后的十几年的时间,是十九世纪最著名的小说之一。故事的主线围绕主人公获释罪犯冉·阿让试图赎罪的历程。

一个人,假装他在我身旁。孤单单,他陪我走到天亮。他不在,我却能感到他的拥抱。迷路时只需闭上双眼,他就会找到我。雨朦胧,地面银光闪烁。看街灯,映河水如烟如梦。黑暗中,树枝间缀满星辰。我仿佛看见我俩相伴,直到永远!

曾几何时,我流连梦境,心比天高,人生充满希望。我梦见爱情永不消逝。我梦见上帝慈爱宽恕。那时我多么年轻,多么无畏。随心梦想,从不设防。不必付出什么代价,无歌不唱,无酒不尝。然而猛兽在黑夜来袭,如晴天霹雳轰然炸响。活生生撕碎了希望,把美梦全变成懊悔。

他睡在我身边一个夏天。他给我带来无穷惊喜。他随手摘去了我的童年,当秋天到来,他却消失不见。我仍然梦想他会回到我身边,我们还能相守一生。但总有些梦无法成真。总有些风暴会把人摧毁。

我曾梦见的那种人生,与这人间地狱截然不同,何曾想过命运如此无常!现实却残忍击碎了我的梦。

走正义之路的人风雨兼程,奖赏终获怀中。如果他们坠落,如路西弗堕入地狱。烈焰蚀心!利剑折磨!看苍穹中繁星闪烁!数不清的几百万颗,以光明和秩序点亮黑暗。人间的卫士啊!沉默又坚定!守望着黑夜。守望着黑夜!你深知你在天空的使命。你目标坚定,心无旁骛!四季变换,你随之轮转,如果你坠落,如路西弗堕入地狱,你也会烈焰焚身!天理昭彰,书载言传,去往天堂的通路上,动摇者和堕落者必得付出代价!



Roses Roses All the Way

Martha Duffy

编 / 张艺瀛 张艳秋



Margaret Thatcher was the first woman Prime Minister in UK.

Known as the Iron Lady, she passed away on April 8th, 2013. It is high time that we showed our due respect for and heartfelt condolence to this great lady.

It has now been five years since Margaret Thatcher resigned as Britain's Prime Minister. In her heyday she strode the international headlines with such bravura that she seemed inevitable, a natural force. The world stage seemed just the right size for her, as she chaffed her conservative soul mate Ronald Reagan or flattered the "new man", Mikhail Gorbachev.

Now the political world has begun to focus on the immensity of her achievement. How on earth did she manage to get there? She was elected to Parliament at 32 in 1958. She parried her way through the complacent, male-dominated councils of power—no woman had ever roiled those waters. Could not the old boys see her coming? After all, there was nothing subtle about her personality or her approach.

Thatcher traveled light, proud of her roots as a grocer's daughter from the small town of Grantham but never tethered by working-class resentments or delusions of inferiority. Her parents taught her the verities they believed in: Methodism, hard work, thrift and the importance of the individual. She has never wavered from them, and they run through the book.

"Nothing in our house was wasted." Or, "I had less leisure time than other children." These are boasts of a childhood recalled in tranquility. Late they became a philosophy: "Being conservative is never merely a matter of income, but a whole way of life, a will to take responsibility for oneself."

In her 11-year leadership, she broke the crippling power of British unions, made many thousands

of her countrymen homeowners, strengthened British ties with the U.S. and the Soviet Union and gave voice to Britain's reluctance about joining Europe, a reluctance that still plagues her successor, John Major.

The Downing Street Years, the first volume of her memoirs, covered her time in power. This one is more interesting and better fun, a formidable leader looking back on her early winning battles. She is known now as the Iron Lady, but as a pretty, naive young pol who cut through cant, prevarication and some very real problems, she must have been exhilarating. Her rise, as she once described the star-is-born press coverage that greeted her maiden speech in commons, was "roses, roses all the way."



In her 11-year leadership, she broke the crippling power of British unions, made many thousands of her countrymen homeowners, strengthened British ties with the U.S. and the Soviet Union and gave voice to Britain's reluctance about joining Europe, a reluctance that still plagues her successor, John Major.

The Downing Street Years, the first volume of her memoirs, covered her time in power. This one is more interesting and better fun, a formidable leader looking back on her early winning battles. She is known now as the Iron Lady, but as a pretty, naive young pol who cut through cant, prevarication and some very real problems, she must have been exhilarating. Her rise, as she once described the star-is-born press coverage that greeted her maiden speech in commons, was "roses, roses all the way."



In a final section on the 90s political scene, she calls for renewed dedication to her principles. The imperiled John Major cannot take comfort in the timing of *The Path to Power*. Thatcher has relentlessly flogged the book in Britain and the U.S., giving TV interviews that scourge what she sees as the collapse of her country's leadership. The one thing she does not say is that as this old century draws to a close, there simply are not that many leaders. Thatcher was one.

Remove unneeded possessions. Minimalism forces you to live in the present. Removing items associated with past memories or lives frees us up to stop living in the past and start living in the present.

去掉不必要的包裹。简约主义迫使你活在当下。抛开和过去的记忆或生活相关的东西，让自己停止活在过去，自由的开始现在的生活。

Smile. Each day is full of endless possibilities! Start it with a smile. You are in control of your attitude every morning and keep it optimistic and expectant.

微笑。每一天都充满无限可能！从微笑开始吧。充满期待，满怀乐观，每天早晨你都掌控着你的态度。

Fully appreciate the moments of today. Soak in as much of today as you possibly can—the sights, the sounds, the smells, the emotions, the triumph, and the sorrow.

为今天的这一刻满怀感激。尽可能的充分融入到今天，无论是看到的，听到的，还是闻到的，无论是情感还是胜利，或悲伤。

Dream about the future, but work hard today. Having a big dream. Setting goals and making plans for the future. But that working hard today is always the first step towards realizing your dreams. Don't allow dreaming about tomorrow to replace living in today.

对未来充满梦想，但辛勤工作于今日。要有大的梦想。为未来定制目标和计划。但今日的辛勤工作永远是为实现未来梦想的第一步。不要让明日的梦想代替了你今日的生活。

Do not dwell on past accomplishments. If you are still talking about what you did yesterday, you have not done much today.

不要老是活在过去的成就上。如果你总是谈论你昨日做什么，那么你今日就没做多少事情。

Stop worrying. You can't fully appreciate today if you worry too much about tomorrow. Realize that tomorrow is going to happen whether you worry about it or not. And since worry has never accomplished anything for anybody, redirect your mental energy elsewhere.

停止抱怨。如果你对明日抱怨太多，那么你就无法感激今日。你要明白无论你抱怨与否，明日终将到来。那么既然抱怨没有为任何人完成任何事，何不让你的内心精力花在别的地方呢。

Conquer addictions. Addictions in your life hold you hostage. They keep you from living a completely free life today. Find some help, take the steps, and remove their influence over your life.

战胜瘾病。你沉溺于生活中的一些事情，最终使你变成不自由的人。寻找一些帮助，采取措施让它们无法再影响你的生活。

How to Be Happy

编 / 张艺瀛 张艳秋

Love your job. If you just “survive” the workweek constantly and wait for the next weekend “to get here,” you are wasting 71% of your life (5 out of 7 days). There are two solutions: 1) finding a new job that you actually enjoy; or 2) finding something that you appreciate about your current career and focus on that rather than the negatives.

热爱你的职业。如果你在一周工作时间里仅仅是幸存的状态，并经常是等待下个周末再次来到这里，那么你就是浪费了你生命的 71% 的时间（一周中的五天）。这里有两种解决办法：1) 找一个你真正喜欢的职业；2) 找到你赏识现在的职业的地方，并专注于它，而不是消极的一面。

Forgive past hurts. If you are harboring resentment towards another human being because of past hurts, choose to forgive and move on. The harm was their fault, but allowing it to impact your mood today is your fault.

忘记过去的伤痛。如果你因为过去的伤痛而对另一个人心怀怨恨，那么请忘记并继续前进。带来伤害是他们的错。但是让伤害影响你今天的心情就是你的错了。

Think beyond old solutions to problems. Our world is changing so fast that most of yesterday's solutions are no longer the right answers today. Do not get locked into a “but that is how we have always done it” mentality. Yesterday's solutions are not today's solutions and they are certainly not tomorrow's solutions.

超越旧方法解决问题。我们的世界变化如此之快，以至于昨日大部分的解决办法已经不再适用于今日的问题。不要拘泥于“但是我们曾经就是这么做的”这种心理。昨日的办法已经不再是今日的解决之路，并且他们更不是明日的选择。

Living @ ECNU

--Dating In Spring

编 / 陈安安 秦芳依



Dating with Nature: School of Foreign Languages

Spring has come back to us before we knew it. It's good time for everyone to get closer to nature. Thus, the Union of the School of Foreign Language organized a spring retreat on March 20th and 21st. There were a total of 56 faculties taking part. On the morning of 20th, they visited Zhao JiaLou in Pujiang Town of Minhang District. All the staff not only enjoyed the beauty of the old water town, but also had a taste of the local cuisine. During the outing, the faculty went to Maqiao Town as well where they appreciated the ancient building style. With laughter and the great smell of sumai given by the Union as souvenirs, the retreat came to an end.

Dating with Sports: School of Sports and Health

On March 27th, the "Sunshine Sports League" started with everyone's great expectation. It was an annual contest hosted by the School of Sports and Health, Office of Academic Affairs, and Student Affair Department.

The matches of basketball, football, volleyball, badminton and table tennis started on the first day. Almost 30 teams joined the fierce competitions. All the competitors prepared well and held great passion towards it. Their performances showed their confidence, the beauty of youth and the spirit of "sunshine sports". The audience was affected deeply by their enthusiasm and cheered in their loudest voice which brought the league to a climax. The league ended in mid May. We are looking forward to your coming and outstanding results next year.



Dating with Environment: College of Resources and Environmental Science

The O3 Association of the College of Resources and Environmental Science hosted a music soiree called "Earth Hour" on March 29th. The romance of the darkness, the sweetness of the voice, the delicacy of the vegetarian diet and other activities of environmental protection drew great attention. "Earth Hour" was advocated by WWF suggesting a voluntary one hour blackout from 8:30 pm on the last Saturday of March. O3 has carried out various activities for this purpose recent years. This year, it consisted of two parts. Besides the soiree, the "Flash" was very attractive. After a month hard preparation, the "Flash" was successfully held at the entrance to Huamin Canteen.

Dating with Society: International College of Chinese Study

Five postgraduates carried out a project to name in English 962 dishes sold on Zhongshan North Road campus during the winter holiday. After 55 days' of investigation and translation, the project received wide social concern. Shanghai TV Station, Shanghai Educational TV Station, Shanghai Daily and China Daily have reported it. They have consulted experts about the menu and listened to both overseas and native students' advice to amend the names of those dishes.

Dating with Audio and Vision: School of Communication

The preparatory meeting of the Sixth Shanghai College Students TV Festival was held on March 14th. The school of Communication of our university is in charge of the opening ceremony, the host competition, the BBS and other investigative projects. Professor Liu Xiumei hosted the meeting. Based on the success of the Festival before, we now hold the wish that this year will be better.

Dating with Study: School of Humanities and Social Science

Famous legist, Professor Zhu Suli, was invited by Tong Shijun, Secretary of the Party Committee, to give a lecture on "Ancient Chinese Elite Politics and Condition of the System of the Political Participation". All the students there listened to the lecture carefully and took a lot of notes.



Dating with Masters: Department of Physics

The series lectures "Men of the Day at ECNU" was delivered by Xiong Zhichun, a postgraduate of the Department of Physics awarded several titles on March 27th. Many professors and distinguished teachers took part, including Dr. Sun Zhuo, the tutor of Xiong. Students attending the lecture said that it really shed light on the necessity of endeavor.

EATING @ ECNU

编 / 陈安安 秦芳依



Appetizer: Seagrass 中华海草
Restaurant: The Eleventh Man Japanese Restaurant 十一郎 日式料理店
Address: 交大对面永平路 186 号二楼
Price: RMB 8

Introduction: Seagrass is called long-life grass in Japan, for it can both reduce blood pressure and prevent hardening of the arteries. In our daily life, we usually neglect the importance of appetizers. Thus, when you want to try Japanese or Korean Cuisine, do not forget it. You may fall in love with it soon.

Main course: Grilled Fish 烤鱼
Restaurant: AKang Barbeque Shop 阿康烧烤店
Address: 广南路 770 号
Price: RMB 38

Introduction: It weighs about 1.5 kilograms and is suitable for people to eat with rice as a meal or a group of people dining together. As it is made of fish, we now do not need to worry about being infected by the H7N9 bird flu. I think it is a good choice for those who like fish or who are unwilling to eat only vegetables.



Recently, the H7N9 bird flu became a severe disease spreading all over China. It's a serious mission to prevent us from the deadly disease. Due to the scare of eating poultry, many of the dishes are not suitable to eat. Therefore, we now recommend some delicious dishes without poultry for you. We hope you can find something you like during this disturbing period.



Dessert: Shunde Double-Layer Milk Custard(双皮奶)
Restaurant: Carolina Bakery in Huamin Canteen 卡罗琳娜蛋糕店
Address: 华闵餐厅
Price: RMB 3.5

Introduction: If you like milk or pudding, milk custard is a great alternative. It tastes just like the mixture of pudding and milk.



Drinking: Love in City Milk Tea 全城热爱奶茶
Restaurant: C Yi Cold Drink Shop C 忆奶茶店
Address: 研究生公寓秋林阁一楼
Price: RMB 6

Introduction: It is the biggest Milk Tea around ECNU that you can find. In cold winter, you can have the hot one and drink it to get warm and in hot summer you can choose the cold one to get yourself cool. It is worth a try, indeed.



HAPPY ENGLISH CORNER OPENS

文 / 周尽欢 秦芳依
摄影 / 周尽欢

The English Corner, hosted by Department of College English, officially kicked off on April 25th both on Minhang and Zhongshan Campuses. The Corner is a club for students to practice oral English while communicating with others. It's a kind of class differing from those boring classes indoors. There are 27 enthusiastic core organizers selected from 100 applicants for participating students to chat with. Aside from chatting, a series of theme activities will be held in the following weeks.

Every week at 4:30pm, the English Corner is waiting for you. More information, please @ 华东师范大学英语角.



When Western Pop

文 / 钱洋 蔡梦霜 陆恩昊



There's no question that none of us are able to escape the force of globalization which is pulling the whole world closer like a powerful magnet. In the last decade, the eastern culture has been encountering the most serious situation ever that the western pop is now trespassing fiercely into the core of our long-existent tradition. So has the campus culture.

Nevertheless, that stuff "university" is commonly considered to have originated from the middle-age Europe. Additionally, the term "university" is undoubtedly a borrowed one from the west by Chinese people. The facts above may give one thousand sound reasons to obtain unbreakable justification to argue as to whether the impact of western pop on our campus is fairly natural and/or harmless. But, that is not the truth.

Besides the waves of studying abroad blindly which have swept over our nation, those heartbreaking facts that we undergraduates are apt to omit those traditional Chinese

festivals such as the Lantern Festival, Qing Ming Festival, etc. and show an unusual preference for western holidays should alert the bomb. Does our campus culture still have even a bit of eastern favour or is it just a rough copy of the west? The external teaching pattern can be borrowed, but the culture deep inside should not belong to anyone else but ourselves.

Why do we get so obsessed with the western style that we even take the risk of losing our own tradition?

From our narrow-minded and superficial perspective, freedom serves as simply the best illustration of the western culture. That's partly true because the lack of any kind of freedom that is often criticized by the common people seldom exists in the advanced western society. But we could not take it for granted that the campus of western type is the paradise where we can do whatever you like for the sake of freedom. Western campus pop is far beyond what meets the eye.

First of all, unlike the Chinese rigid pattern that one school should be surrounded by elaborately built sharp fences in order to keep security, most western campuses are more like open space. For instance, the boundary of the Cambridge is just a river and some streets. Casually lying inside the campus, these streets play an important role of carving the different sections as well. With numerous weather-stained castle-like ancient buildings embraced by delicate lawns, with the famous "The Castle Mound" from the top of which you can enjoy the landscape not only of the campus but also of the town, the Cambridge is more a noble campus than a tourists' attraction.

Hits

As for study, the sharp contrast between east and west is even more marked. Though they will never act in a nerd mode, their life is actually not that easy. There are three educational segments for students to complete, including pre-reading, classroom activities and class discussion. A course adopts interactive teaching methods, unlike a typical Chinese class; students can raise questions at any time during the class which makes the atmosphere really lively. Teachers encourage students to think for themselves and they believe it is much better for students to enter classes with questions than to listen to monotonous and organized lectures. Multiple reading tasks are assigned as well. A Chinese girl studying at Harvard who used to take courses at the Peking University remarks: The books I read at Harvard a week are as many as what I read a year at PKU and you should be careful that you may be unable to participate in

Eastern

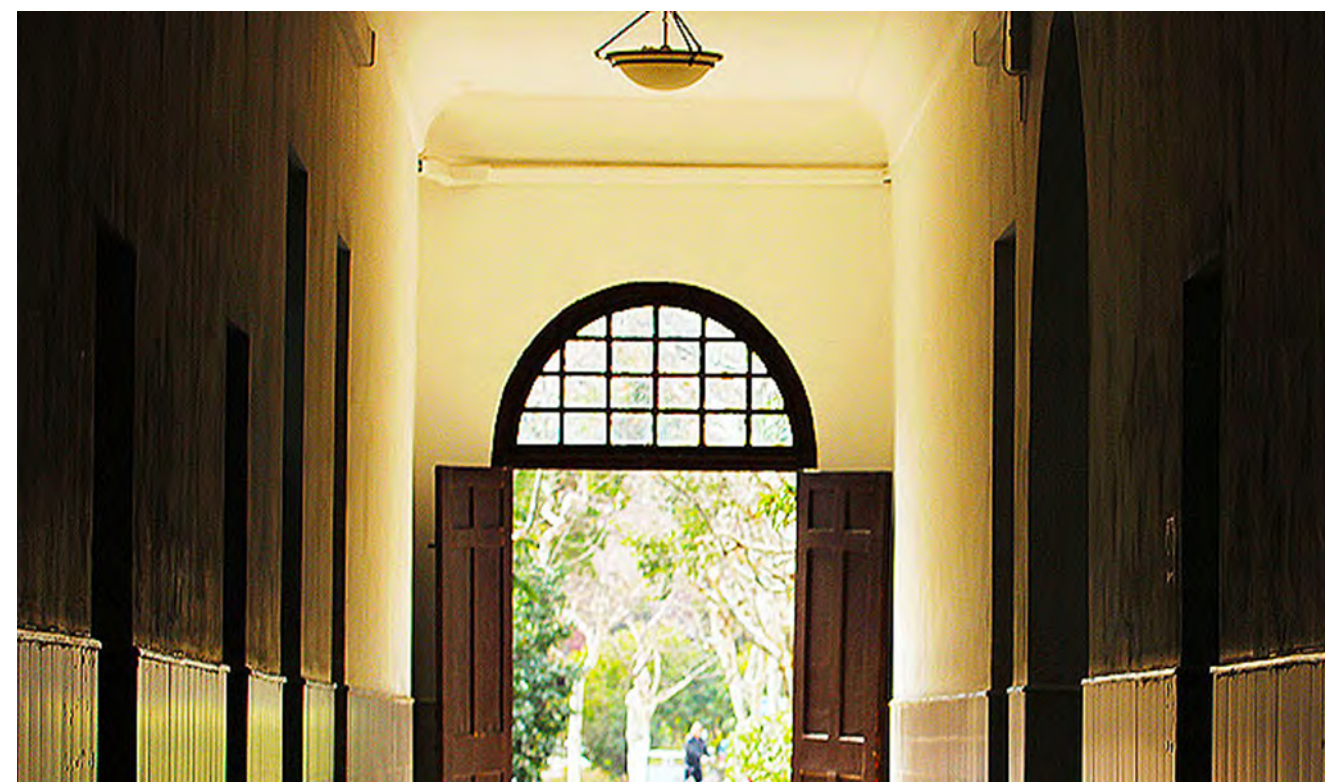
seminars if you have not finished the reading task. In addition, we cannot ignore the fact that the teachers in the west attach importance to various exams too. Students have to take every single class seriously because they have not only mid-term and final exams but also pop quizzes. Students' scores, however, are top priority in the meantime. Schools will directly send the results to students and instructors are not allowed to give them out.

It is the extracurricular activities that the western schools think highly of. Apart from the daily studying, the majority of students choose to spend their leisure time doing part-time jobs to partly cover their costly tuition. You will catch their strong and vigorous figures bouncing low and high in such places as libraries and restaurants around the campus. Their assiduity lays a solid foundation for their future.

To sum up, a conclusion can be naturally drawn that democratic politics and western campus have

Campus

formed a "free" culture as most of us have realized. Sometimes this type of culture does something good. Several years ago, a group of Chinese overseas students in New Zealand managed to protest against an irrational tuition increase by launching a series of parades. Nevertheless, lack of respect for authorities causes nasty troubles. US college students enjoy drinking beers; indeed so, they drink like a fish, especially before final exams. Binge drinking, drunk driving and violence often occur accordingly. For this reason, school authorities are under formidable threat but unable to tackle these problems owing to students' freedom.



An Interview

with

an Outstanding Young Teacher

文 / 陈青文 周文颖

Study Abroad: Numerous students at ECNU may have a dream of studying abroad. How have our predecessors accomplished the task of going abroad for further study? What implications can their experience of life and study abroad provide for the students who are preparing to study abroad? Let's get to know an outstanding young teacher—Lijia Lin and his overseas experience.



林立甲博士：华东师范大学心理与认知科学学院讲师。2007 年获得美国全额奖学金，赴美国亚利桑那州立大学（Arizona State University）玛丽·露·弗顿教育学院、现玛丽·露·弗顿教师学院（Mary Lou Fulton College of Education, now Mary Lou Fulton Teachers College）教育技术专业攻读博士学位。2011 年获得哲学博士学位。

ECNU CIRCLE: How did you apply for a university in the USA?

Lin Lijia: Before I was a college junior, I took the TOEFL test. One year later, I took the GRE test. In the first semester of my senior year, I applied for various universities. Oh, I cannot remember the specific procedure. I just remembered I used a website to filter the universities and colleges.

E: Why did you become a teaching assistant?

L: It was a part of the financial package that Chinese usually refer to as the full scholarship. We needed to work as required by getting the scholarship.

E: Why is your English so good?

L: Well, I think it's not a good idea to leave a little child in a foreign country to learn English. They should have basic English skills before going abroad. They should listen to others carefully and take part in the discussion in English classes. As a teaching assistant at Arizona State University, I needed to do lectures in English. Also, I worked as a research assistant for Dr. Robert Atkinson. Our lab had a weekly meeting. Everyone should tell the boss what s/he had been doing and what s/he had accomplished in the past week. I feel everyone needed to speak. At first, I couldn't even understand what they were saying. But finally, my language skills improved as the time went by. And at that time, I started to participate in the conversation. These experiences of working as a teaching assistant and research assistant were very helpful for me to improve my language.

E: Studying abroad is very hard. Did you ever want to give up?

L: It is very difficult to study in a foreign culture as a foreigner. You have to consider where you live, what you eat, and how you go out. In the first three days after I arrived in America, I lived in an apartment with a Chinese couple as arranged by the Chinese Students' Association. I still remember many other friends gave me great help and I really appreciate all of their help!



E: Tell us your daily routine.

L: Ok, from Monday to Friday, I got up around 7 o'clock and then went to the laboratory three times a week. We did some experiments there, designed the experimental tasks and tested the subjects. In the first year, I needed to take courses offered by the College of Education which were from 16:40 to 19:30. After that I took some courses offered by the Department of Psychology, which might last for the whole day, if you take two. So I was tired at that time. Every day I bought a discounted Sandwich for lunch. I have learned a lot from those Psychological Statistics courses.

E: What is important to applying for a famous university?

L: They assess you in many aspects. They consider your examination scores as well as your personal statement. In the statement, you should tell them your goals, how their school or program can help you to succeed in the future. Reference letters are also important.

E: What advice can you give to students?

L: They should have a clear life goal and position. Once you set a goal, make all your efforts to accomplish it. Know what you can do and what you want to do. In fact, by writing the personal statement you are planning your future life.

E: How about making friends in the USA?

L: Chinese students always find it difficult to get used to American social life. American students like to hang out in various fun parties while Chinese students may prefer a less noisy get-together. Therefore, it's difficult for Chinese students to blend into a wider social network and deepen their friendship with foreign students here.

E: OK, thank for you valuable time.



MY COUNTRY MALAWI : THE LAND, PEOPLE AND CULTURE



Our columnist, Maureen Kapute Mzuzi, is editor-in-chief for *English Circle*. In her column she will introduce herself and her beautiful motherland—Malawi. She will share her experience at ECNU as a foreign student. She will also discuss interesting cultural differences between Malawi and China. As she has realized, cultural communication promotes understanding and reduces stereotypes.



“Now I am full of knowledge and skills and ready to ignite my passion for academic excellence among women and girls in Malawi.” That’s what Maureen says as days are quickly approaching for her journey back to her home country Malawi after spending nearly a year here at ECNU in Shanghai, China.

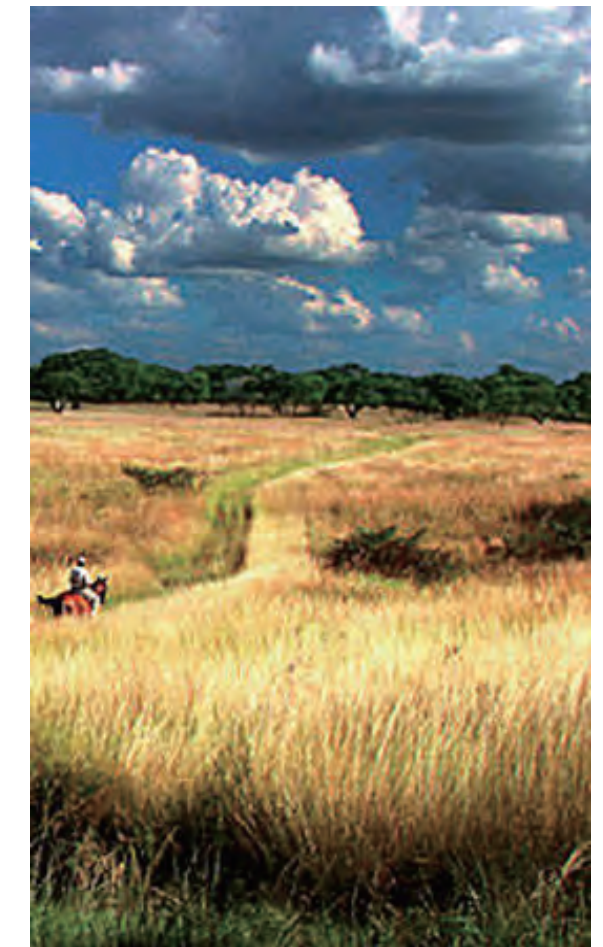
In this column, I (Maureen) will try to make the best of my knowledge to describe my beautiful country – Malawi starting from the country, a brief on politics, the people, culture and the environment. It is important that I share with you more about my country to motivate you make an effort to come and visit my country – Malawi. I can assure you that once you visit my country, you will always live with fond memories of mother Malawi – my beautiful and peaceful country – “the warm heart of Africa” as we proudly call it.

Wait with bated breath for part two where I will then introduce my beautiful country Malawi for you to pre-taste its goodness.

The columnist is a student from Malawi studying for her Master of Education in Educational Leadership and Policy (IM.Ed-ELP) at the East China Normal University. A teacher by profession, Maureen is a Senior Secondary School Teacher in northern city of Mzuzu in Malawi. She holds a Bachelor of Science Degree in Education with an Upper Second Class Honours from the Catholic University of Malawi obtained in 2010. She previously worked as a Primary School Teacher for 5 years before becoming a Secondary School Teacher where she is up to now.

The road for Maureen has been a winding and a long one starting from something completely irrelevant to teaching. After completing her Secondary School Education (Ordinary Level), Maureen did a Course in Computer and thereafter worked as a Super market cashier for some years before joining the world of academics as a Primary School Teacher after successfully completing a two year full Teachers’ Training Course. With a passion to climb higher, she enrolled as a Secondary School Teacher and later applied for a Degree course at the University of Livingstonia then the Catholic University of Malawi.

Like most African and developing countries, a majority of women do not attain high level of education and hence are not able to fully participate in policy making issues that also affect women. This was one of her strong motivations for applying to study for the International Master of Education in Educational Leadership and Policy at East China Normal University here in Shanghai, China. Her passion is to see most women and the girl child attain high education levels and be able to be heard in the community.



英语四级应试技巧

编 / 陈安安 秦芳依

(一)

准备阶段

1、心态端正，对自己有信心。

2、关于英语词汇的记忆。

(1) 词汇记忆法。许多同学都是从 A 开始记，过了几天又觉得前面忘了，或不清楚记到哪里，然后又倒回来从 A 开始记，于是前面部分词汇是很熟，但后面就相对生疏了。建议大家采取快速把所有词汇背记一遍，不管是否牢记，从 A 到 Z 后，然后反复过来从 A 开始，这样背过几遍后，再将其中不易记忆的词汇挑出来做重点记忆。

(2) 扩大词汇范围。许多学生认为四级考试只需要记忆四级词汇，这也是不正确的，其实四级试卷里面的“词汇与语法”以及“阅读理解”里面常常有这样的考核，即理解前后句子或整段文章的意思来推测其中考题陌生词汇的意思。而这些词汇有可能就是六级词汇，如果知道该词的意思，答案自然准确。词汇量越大，对阅读理解帮助越大。所以建议大家提高一级记词汇，简单说就是考四级的要求记熟六级词汇。

(3) 背单词要有技巧，一般情况下，早、晚记单词比

中午效率高。词汇要反复看和背，词汇最好放到具体的语言环境（如具体的文章）中去记。

3、关于英语听力练习

做英语听力练习时，心要静，注意力要集中，切忌不可边听听力边看听力原稿。通常可以先看听力选项，然后猜测问题是什么，再听听力，听完看原文。如此反复，直到听懂。在平时训练中要力求听懂每一句，且要坚持天天听。

4、听力练习复读机的使用

听力最好使用语言复读机，对听不明白的词句，可以很方便的反复听数遍，直到听懂为止，这是提高听力的一个最有效的方法。

5、练习不在多而在精。

这里的“精”主要是指题目的订正方面。准备一本错题集，主要记录你在练习中所犯的“经典”错误及一些不认识的单词、词组。

6、寻找合适的做题环境

平时做题选择类似于四级考试的环境，一套试题最好在一个时间段完成，不可分批完成，且最好选择教室等类似于考场的环境做题。

7、平时做题，做完时再对答案

千万不要边做题边看答案，做完一整套试题之后统一订正。

8、阅读理解练习不能每次只做一篇

阅读理解在四级考试中占有很大比重，因此一定要坚持多做阅读理解，而且不要一次只做一篇，最好四篇一起做。平时练习应尽量保证正确率，在保证正确率的前提下适当加快做题速度。

9、阅读中记单词

阅读理解中的生词记忆很重要，而且在一定的语言环境中对于出现率极高的单词，应记住其常见用法，在阅读中扩大词汇量。

10、重视阅读理解练习的订正

对阅读理解练习题订正时，首先，应把正确答案的出处在原文中找出来，研究你做错的原因。其次，在一段时间后，把做错的题目拿出来仔细研究，看看你究竟在哪一种类型上的题目会作错，是细节题？还是推测题？还是归纳题？总结出来后，就要在你的薄弱环节加一加油，多多练习。

11、平时多读英文报刊、杂志

类似于《英语报》、《英语学习》之类的英文报刊对英语水平提高很有帮助。

12、认真练写作文

练写作文首先要克服写的恐惧和困难，针对每一套模拟题目给出的作文认真练写。发现自己有哪些常用词汇和句型还很模糊，通过实际写作，可以逐一解决。当然最后一定要参看试卷后面附的范文示例，如果尽可能抄写多遍或大声诵读直至能默写出来，这也是提高写作能力的最有效的方法。

13、“填空式作文”法

在此关键时刻，推荐使用“填空式作文”法（思马德丛书系列，图书馆可以借），每一种作文类型都有其固定的格式框架，在时间紧急的情况下，不妨背几种不同的作文框架。当然平时应该注重知识的积累。

14、背记作文短句

对于作文水平不太高的同学，干脆背些短句子，背一些典型的英语句子，比如谚语，效果将大大不同。

15、坚持每周一作

作文应坚持多练，最好每周写一篇不同类型的英语作文。练写的多了，英语作文水平自然也就会提高。

16、针对弱项，强化训练

在平时学习中，应多做总结，分析自己的强弱项，便于强化专项训练。

(二)

应试技巧

1、听力

(1) 提前使自己进入考试状态。

(2) 利用听力开始前的时间浏览题目选项，揣测出题者心理，寻找听力时的兴奋点（指一些关键词、句）。

(3) 若第一题没听清楚，千万不要停留思考，立即进入下一题，以免造成恶性循环。

2、阅读理解

(1) 在规定时间内完成阅读理解（通常4篇，力求每篇不超过8分钟），必须提高速度。

(2) 先看问题，带有目的去看文章，对与题目无关的内容可略看甚至不看。

(3) 先总体把握全文，找主题句，通常是每段句首或句尾，然后再看问题，在原文中找答案。

3、单项选择

(1) 对于语法题，在读题干时迅速在大脑中找出相关语法或固定结构用法再到选项中找答案。

(2) 对于词汇题，在看不懂选择项含义时，可选择比较、带入法确定答案。

(3) 对于不确定的题目，尊重你的第一印象。

4、完型填空

(1) 首先总体把握全文中心思想，找到主题、关键句。

(2) 完型填空应注重前后的连贯，通常做完应回头再检查一遍。

5、写作

(1) 根据题目所给的资料迅速在大脑中寻找思路，把大体纲要列在稿纸上，比如每段的首句、中心句。没必要写全所用句子，因为时间不允许。

(2) 根据纲要在答题纸上写作

写作应注意长短句的交替使用。但若长句使用没有把握，则应干脆写短句，这样可避免更多的语法错误。

(3) 一定要保证字迹清晰，给阅卷老师留下好的印象。

(4) 作文完成后，应留时间静心查看，确保在作文细节方面不要出错。

欣闻贵校英语刊物 *ECNU CIRCLE* 首期春季刊即将发行，我们谨代表同济大学全体师生对此表示真挚的祝贺与衷心的祝愿。相信在贵校师生的共同努力下，*ECNU CIRCLE* 将会越办越好，成为贵校师生英语学习的良师益友！

同 济 大学第三十七届
学 生 委 员 会

欣闻贵校由英语教学部组织学生创办的首份师大人自己的英语学习报 *ECNU CIRCLE* 即将发行春季刊，在此，华东理工大学学生联合会谨代表我校全体学生向你们表示热烈的祝贺，致以诚挚的问候！

华 东 理 工 大 学 学 生 联 合 会

喜闻贵校首期英语校刊 *ECNU CIRCLE* 即将出版，值此之际，谨代表上海师范大学学生会向你们表示热烈的祝贺和亲切的问候！衷心预祝贵校首期英语校报发行成功，期待着一个真实、活力四射的华师大校园英语世界呈现于你我之间。

上 海 师 范 大 学 学 生 会

欣闻贵校创办首份师大人自己的英语刊物 *ECNU CIRCLE*，首期春季刊即将发行。在此，谨代表上海财经大学学生会向贵校致以诚挚的祝贺！

上 海 财 经 大 学 学 生 会

祝贺贵校大学英语教学部组织学生创办首份师大人自己的英语刊物 *ECNU CIRCLE*，我校会密切关注。

上 海 外 经 贸 大 学 学 生 会

ECNU CIRCLE 征稿启事

新生的华师大校园英语刊物 *ECNU CIRCLE* 面向全校同学征稿，期待同学们踊跃投稿，赐献佳作。内容为华师大的同学们在大学生活中的学习感悟、生活灵感、读书札记、旅行随笔等，表现大学生的成长轨迹。

征稿对象：华师大在校本科生、研究生。

来稿要求：

1. 内容体现大学校园生活特色
2. 行文有深度有创新有感悟有情感皆可
3. 英语语法无错误，英文地道者优先
4. 文体形式不限，字数为 500-800

请关注每期主题，主题接近者优先。下期主题为“致青春”。此主题的截稿日期为 7 月 31 日。

征文启事长期有效，欢迎同学踊跃投稿。来稿由负责老师进行评审，对其中优秀佳作刊登于 *ECNU CIRCLE* 刊物上，并有相应稿费酬劳。本刊一般不退稿，未见回复者即视为未获采用。

投稿邮箱：ecnuontheroad@sina.com

投稿请注明投稿字样，写上学校、年级、院系、姓名、联系方式。

我们期待您用闪亮的眼睛，发现师大有趣的人或事。欢迎对杂志内容或栏目设定提出建议。

另外，如果你也对杂志制作有兴趣，愿意从事英语编辑或美术编辑工作的同学，可以向我们投递简历。

建议或简历可发送至以下信箱：irenewzh@yahoo.com.cn xiaoxiaoyurui@126.com

ECNU CIRCLE



Circle in Hand English in Mind

